

Adult *Beginning* Ballet Classes

with teacher **Leanne Mizzoni**

10–11:15 am MON & WED

*Starting Monday
September 21!*



Instructor *Leanne Mizzoni* is a native of the DC metro area, where trained with Metropolitan Ballet and Virginia Ballet Company with Ballet Russes dancers Oleg Tupine and Tania Rousseau.

Ms. Mizzoni has also studied at Virginia School of the Arts and Joffrey Ballet. She holds a BFA in Dance Pedagogy (cum laude). She has been trained under Peggy Lyman, Peter O'Brian, Hilda Morales and Susan Brooker. Ms. Mizzoni taught professionally for seven years in Connecticut and Virginia and was the children's assistant for Kirk Peterson's production of Nutcracker with American Ballet Theatre. Ms. Mizzoni danced as a soloist with the Manassas Ballet Theatre for four years, and is a principal dancer with the Ballet Fantastique Chamber Company.

DO SOMETHING FOR YOU

Challenge your mind and body—get in shape and feel great! Ballet is good for everyone. This class builds leanness and flexibility to improve muscle tone, cardiovascular stamina, and better posture. This class includes beginning ballet exercises to build strength, agility, and stretch for any dancer, athlete—or any body! Participants will build strength and flexibility with specific gains in the muscle tone of legs, hips and abdominals. Prior dance/ballet experience is welcome, but not required.

CLASS CARD/TUITION

Individual classes at \$15/each, or save lots with a *class card!*

Class Card Savings

- 10-class card for \$120
(**First 10-class card only \$75 when you register by Sept 9!**)
- 20-class card for \$200
- Unlimited semester card (Sept-Jan or Feb-June) for \$288
- Unlimited annual card (Sept-June) for \$640

UO/LCC Students/Faculty (with ID)

- \$10/each • 10-class card for \$80 • 20-class card for \$160

REGISTRATION FORM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Preferred Phone: _____

Email: _____

All above fields are required to process your registration. Ballet Fantastique will never share your information. Note for individual class payments: Please make payments with a check (preferred) or the correct cash amount.

Minimum Class Size

Four students constitute a minimum size dance class (that means that we may have to cancel class if we do not have four students advance-registered). So call your friends and have them join the fun!